

**Table 11.5: Spirometry Interpretation by National Institute for Occupational Safety and Health (NIOSH) (Percent)<sup>1,2</sup>**

Test Result <sup>3</sup>	Total (N=639)	Age Group			Disability Level		
		65-74 (N=260)	75-84 (N=195)	85+ (N=184)	Moderate <sup>4</sup> (N=225)	ADL Difficulty	
						Receives No Help (N=319)	Receives Help (N=95)
Normal pattern	51.6	54.4	46.3	57.3	48.6	55.0	47.6
Obstructive pattern							
Mild	11.5	12.7	13.0	4.1	15.1	10.0	8.0
Moderate or severe	7.2	7.5	7.6	5.1	8.8	7.7	1.3
Restrictive pattern							
Mild	7.7	4.1	11.6	8.6	6.1	9.0	7.7
Moderate or severe	13.2	11.6	12.4	20.0	11.7	8.7	31.7
Obstructive and restrictive							
Mild	0.4	0.4	0.6	0.2	1.1	0.1	0.0
Mild obstructive/moderate to severe restrictive	2.4	1.9	3.6	0.8	2.0	3.1	1.1
Mild restrictive/moderate to severe obstructive	2.2	2.7	1.1	3.4	1.5	2.5	2.6
Moderate to severe	3.8	4.8	3.9	0.6	5.2	4.0	0.0

(Women's Health and Aging Study, physical assessment, 1992-1995)

<sup>1</sup> All variables have less than 1% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> Categories may not add up to 100% due to rounding.

<sup>4</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).